
Worksheet: Measurement of Time and Motion

NIOS · Class 7 · Science · 4 questions · 10 marks

Name: _____

Date: _____

Score: _____ / 10

Q1. A cyclist covers 120 m in 20 s. Find speed. *[2 marks]*

Q2. A train travels 180 km in 3 h. Find speed. *[2 marks]*

Q3. What is uniform motion? *[3 marks]*

Q4. What happens to pendulum time period when length increases? *[3 marks]*
