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## Worksheet: 'Spices that Heal Us'

Punjab State Board · Class 6 · English · 2 questions · 4 marks

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Score: \_\_\_\_\_ / 4

**Q1.** Match five Hindi spice names to their English equivalents and state one health benefit for each. *[2 marks]*

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**Q2.** Why does the letter end with 'consult an elder before you use them'? Why is this important? *[2 marks]*

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