
Worksheet: 'Spices that Heal Us'

NIOS · Class 6 · English · 2 questions · 4 marks

Name: _____

Date: _____

Score: _____ / 4

Q1. Match five Hindi spice names to their English equivalents and state one health benefit for each. *[2 marks]*

Q2. Why does the letter end with 'consult an elder before you use them'? Why is this important? *[2 marks]*
